

Traditional Cycling Club

Affiliated to HF Holidays UK, Members of Cycling UK and the Ramblers



TRIP & SOCIAL SHEET SEPTEMBER - OCTOBER 2026

YOU SHOULD ALWAYS BOOK TRIPS AND SOCIAL EVENTS THROUGH TRIP LEADERS. ALSO, IT IS A REQUIREMENT OF OUR INSURANCE, OF CYCLING UK AND OF RAMBLERS, THAT MEMBERSHIP CARDS ARE CARRIED ON ALL TTC EVENTS. LEADERS SHOULD CHECK THAT PARTICIPANTS HAVE THEIR CARD AND THAT EMERGENCY CONTACT DETAILS ARE ON THE REVERSE. PEOPLE ON A TASTER EVENT MUST ENSURE THAT THEY HAVE 'IN CASE OF EMERGENCY' DETAILS ON THEIR PERSON.

HOT WEATHER ARRANGEMENTS UNDER THE TERMS OF THE CLUB'S INSURANCE, THE LEADER SHOULD DETERMINE WHETHER IT IS SAFE FOR AN ACTIVITY TO PROCEED AND ISSUE GUIDANCE TO PARTICIPANTS, AS APPROPRIATE. WALKERS AND CYCLISTS SHOULD BE ADVISED TO WEAR HATS, APPROPRIATE CLOTHING, FOOTWEAR AND TO CARRY SUNCREAM AND WATER IF HOT WEATHER IS FORECAST. ACTIVITIES SHOULD BE CANCELLED IF A SEVERE WEATHER WARNING IS ISSUED.

PLEASE NOTE THAT THE NEXT DEADLINE FOR AN EVENT TO BE ENTERED ON THE NEXT TRIP SHEET IS FRI 16TH OCTOBER.

CONTACT PAT O'SHEA ON oshea644@btinternet.com

CYCLES / WALKS

WALK EVERY MONDAY WALK TO BENFLEET Approx 5 miles. No need to book. Meet **10:30am** at Osborne's Cockle Stall in Old Leigh, by the sea wall. We have lunch in a pub in Benfleet and either walk back or return by public transport. **Contact Jackie.**

WALK SATURDAY 19TH SEPTEMBER 2ND LEG OF THE ROACH VALLEY WAY Starting at the Punch Bowl Pub, Paglesham, towards Canewdon, finishing in Ashingdon. A pleasant easy 6-7 mile walk. Bring a drink and snack with you. Meet at the Rochford Back Lane car park at **8:40am**. We need to catch the **9am** bus to the start of the walk. **Contact Sally.**

WALK / TEN PIN BOWLING FRIDAY 25TH SEPTEMBER To walk, meet at Sally's, 25 Meadow Drive, Thorpe Bay, SS1 3DJ, at **3pm** or meet at **3:45** at King Pins. Cost is **£11.25** for 2 games. Meal to be organised after bowling. **Contact Sally.**

WALK FRIDAY 25TH SEPTEMBER SKY GARDEN WALK AND LUNCH We'll meet at Fenchurch Street Station, followed by an easy 5 minute walk to the Sky Garden to enjoy the spectacular views over London. Afterwards, we'll have lunch at the nearby Cross Keys Wetherspoons, which is set in a beautiful historic former bank. Important: Jenny will be booking the free group tickets, so she needs the names of everyone wishing to attend by 1st September. To book your place, please **contact Jenny.**

CYCLE SUNDAY 27th SEPTEMBER LOCAL CIRCULAR CYCLE around Barling & Wakering. Meet **10:30am** by Ocean Beach on the seafront. Coffee stop in Great Wakering before heading back to Ocean Beach via Shoebury East Beach. To put your name down **contact Susan Alder (not on the cycle app).**

WALK SUNDAY 11TH OCTOBER LONDON WALK. Finsbury Park to Alexandra Palace via disused railway. Meet Leigh station **9am** for train to Fenchurch. **Contact Robert.**

WALK SUNDAY 18TH OCTOBER LAST LEG OF THE ROACH VALLEY WAY. Walking from **Ashingdon** to **Rochford**. A pleasant 6 mile walk. Bring a drink and snack with you. Meet at the Rochford Back Lane car park at **9am**, we will then catch the **No 7 bus** to Ashingdon Rd to start the walk. **Contact Sally.**

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MEMBERS ARE ENCOURAGED TO WEAR TTC GARMENTS ON WALK AND CYCLES

CLUB TRIPS

4TH - 10TH OCTOBER DARTMOUTH Cost is £250, staying in luxury chalets on the edge of Dartmoor. Car share. **Contact Ron.**

TUESDAY 10TH NOVEMBER COACH TRIP TO THE ROMFORD DOGS. *LIMITED SPACES AVAILABLE, FIRST COME FIRST SERVE BASIS.* We will be using a Cooks Coach. Pick-up times will be around **11am** with confirmed details at a later date. The 1st race is at **2:10pm**, the last race is at **6**. The cost of **£35pp** (providing we have the numbers to get a group discount) **includes a Three Course Lunch**, which will be served before the first race. Tote facilities will be available in our enclosed seating area. I will need to collect a **deposit of £5** to secure your place. Payment can be transferred into the Club account: **Contact Susan Alder to put your name down and / or for further details.**

29TH NOVEMBER – 2ND DECEMBER EUROPE CHRISTMAS MARKETS trip is now full.

JUNE 7TH 2027 MONTENEGRO This trip is now full. **Contact Chris Blowers**, if you want to be put on the waiting list.

NOVEMBER-2027 FOOTHILLS OF THE HIMALAYAS: This trip will now be from **7th November to 22nd November 2027**. **Contact Caroline Gaitely.**

CLUB SOCIAL

MEAL THURSDAY 24TH SEPTEMBER Spaghetti Junction, 767, London Road, W-on-S, SS0 9SU (opposite Chalkwell Park). For details of the menu, please visit: **Spaghetti Junction Italian and Continental Cuisine Restaurant Essex UK**. Meet **7pm for 7:30**. **Contact Pip.**

CHRISTMAS PARTY – SAVE THE DATE, THURSDAY EVENING 17th DECEMBER, Saxon Hall, Aviation Way. Details to follow.

CANASTA EVERY WEDNESDAY At the Constitutional Club, **2pm for 2:30**. Those interested, **please contact Norman**. Alternatively, you can just turn up.

ALOTTMENT Despite the hot, dry weather, Potatoes, Rhubarb, Tomatoes and Cucumbers have been thriving and a giant Pumpkin!. If you would like to go on a waiting list for a TTC plot **contact Norman**.

BOOK CLUB TUESDAY 22ND SEPTEMBER Meet at Sally's from **7:30pm** to discuss **'Covenant of Water' by Abraham Verghese**. There may be space for more members at the book club, **so please contact Jackie**, if you would like to be on the waiting list.

ANOTHER MYSTERY BUS EXPERIENCE With Inspector Blakeys team. To express an interest, **Contact Ron**.

POINT(S) OF INTEREST

SATURDAY, OCTOBER 3rd. CREEKSIDE are holding another Barn dance at Leigh Community Centre. Tickets £6, on the door or use this link <https://www.ticketsource.com/southend/t-ldxxkag>

SCRABBLE CLUB The second floor of Leigh Library has now reopened and so Scrabble Club is happening once again. It is held on the first Saturday of each month from **2pm - 4**. **Contact Jackie**.

LITTLE HAVENS, Thundersley will be open to visitors on 27th September, between 1pm and 4, to look at the Moana Gardens: [Essex children's hospice unveils sensory garden inspired by Disney's "Moana" - Havens Hospices](#). There's **free parking**.

Two trips (walks or cycles) or short events (e.g. monthly meals) are allowed as 'tasters' by non-members, before they are required to join the TTC. Please note that holidays and longer trips are open only to fully paid up TTC members. Also, participation in such trips is at the discretion of the organiser and the committee. Everyone participating in TTC organised walks or cycles should familiarise themselves with the TTC Safety Guidelines and the Disability Statement - not just for their own safety, but also for that of other people taking part in the event. PLEASE NOTE THAT WHEN ON CYCLING TRIPS, WEARING A CRASH HELMET AND HI VIS GARMENT IS STRONGLY ADVISED. People should let the trip leader know of any health issues that might affect their ability to participate fully in the activity. Members participate in walks or cycles at their own risk.

Please note: in order to be fully compliant with the new General Data Protection Regulations, be aware that the Traditional Touring Club (the club) currently holds personal data in the form of your name, address, email address, etc. that you have previously provided to the club. The club values your support and promises to respect your privacy. The club only holds this personal data for the purposes of providing information to you in respect of the club's events and activities, and for other club purposes. The club will never share your data with third parties, for marketing purposes. You have the right to withdraw your data at any time.

**THE NEXT MEETING WILL BE ON: WEDNESDAY 21ST OCTOBER, 8PM AT THE CONSTITUTIONAL CLUB,
116 – 118, ELM ROAD, LEIGH-ON-SEA, SS9 1SQ.**