



British Heart  
Foundation

# Support me as I raise funds

My fundraising target:

£ .....

What I'm doing and why I'm doing it:



## Your donation powers research.

Heart and circulatory diseases strike without warning, leaving families devastated. But with your support, we can end the heartbreak they cause.

### £5

pays for **125 microscope slides**, essential for our researchers studying faulty heart cells.

### £10

pays for a **researcher toolkit**, containing all the test-tubes, flasks, dishes and gloves a team of heart attack researchers will use in a day.

### £25

pays for **one hour of research** by our early career scientists to better understand how to diagnose, prevent, treat and cure heart and circulatory diseases.

## Fundraiser details

Full name: .....

Name of fundraiser: .....

Address: .....

.....

Postcode: ..... Phone: .....

Email: .....

I have enclosed a total of £ .....

Date: .....

### PLEASE SEND YOUR COMPLETED FORM TO:

British Heart Foundation Customer Service Centre  
Compton House, 2300 The Crescent  
Birmingham Business Park  
Birmingham, B37 7YE

Make cheques payable to British Heart Foundation.  
Please don't send cash in the post.

### Collect donations online

Raising money online is quick and easy for you and your sponsors, as your donations are automatically sent to us. Search for your event and set up your online fundraising page at: [justgiving.com/BHF](http://justgiving.com/BHF)

### Turn every £1 raised into *giftaid it* £1.25 through Gift Aid

If your sponsors are UK taxpayers, don't forget to ask them to Gift Aid their donations. By reclaiming tax on their donations, we can turn every £1 into £1.25 – and it doesn't cost them a penny extra. Just ask your supporters to write their full name, home address, postcode, and to tick the Gift Aid box overleaf

Need another form? You can photocopy this one as many times as you like.

# Donate to power life saving research.

Turn every £10 donation into £12.50 at no extra cost with Gift Aid. Full name + Home address + Postcode + ✓ = *giftaid it*

Full name	Home address	Postcode								Gift Aid	Sponsorship total	Date paid
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**Total**



Get in touch. Visit [bhf.org.uk](http://bhf.org.uk), phone 0300 330 3322 or email [heretohelp@bhf.org.uk](mailto:heretohelp@bhf.org.uk)

\* If I have ticked the box headed 'Gift Aid my donation', I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want BHF to reclaim tax on the donation detailed below, given on the date shown. I understand that if I pay less Income Tax/or Capital Gains Tax than the amount of Gift Aid claimed on all of my donations to charities and CASCs in the current tax year it is my responsibility to pay any difference. I understand the charity will reclaim 25p on every £1 that I have given.